



İPLERLE ALT YÜZ VE BOYUN GERME

Dermatolojide & Kozmetolojide

Gelişmeler Kongresi 2023

23-27 Mayıs 2023

Cornelia Diamond Golf Resort Otel, Antalya

DR. ÖĞRETİM ÜYESİ HÜRAY HÜGÖL
ANTALYA BİLİM ÜNİVERSİTESİ



@drhurayhugul



+905454047222

- **Dermatology & Venerology Speacialist**
- **Aesthetic & Cosmetic Dermatology, Dermatosurgery**
- **Assis. Prof. and Lecturer in Antalya Bilim University**
- **Board Member of Euro-Asian Academy of Dermatology and Venerology**
- **Member of Aesthetics & Cosmetics Dermatology Association, Turkish Medical Association, Turkish Dermatology Assosiation, Akdeniz Dermatology Association**
- **Private Practice on Aesthetic-Cosmetic & Clinical Dermatology in Antalya**
- **Toxins, Fillers, ThreadLifting, Body Contouring, Lasers, Energy Based Devises, DermatoSurgery, Clinic Researcher**
- **International Articles, Lectures, Books, Trainer, Expert on Aesthetic Cosmetic Dermatology**



@drhurayhugul



+905454047222



+905454947222

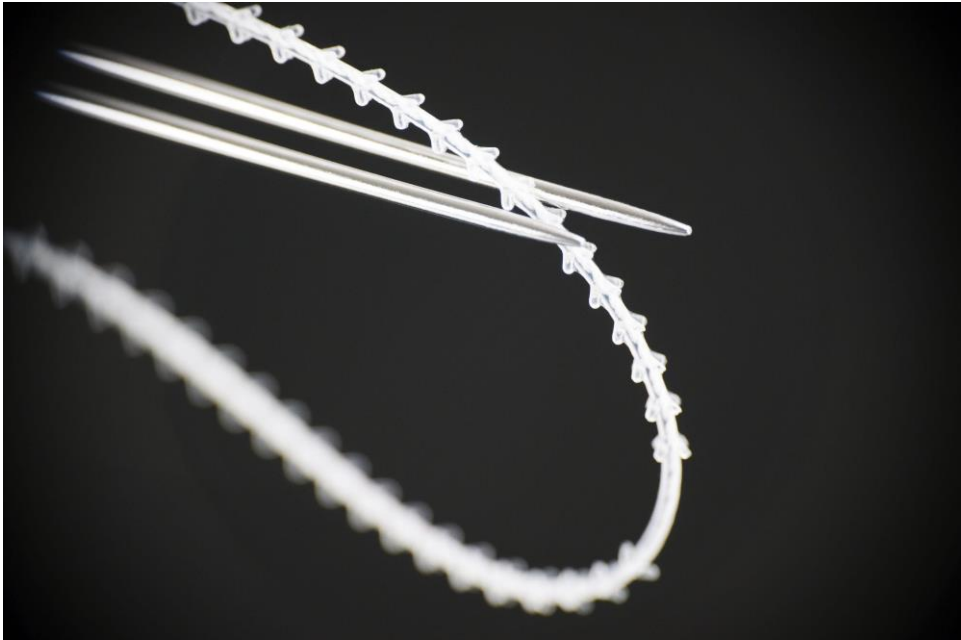


hurayhugul@yahoo.com



FRANSIZ ASKISI =KALICI SİLİKON İP (PERMANENT SILICONE THREAD)

- SPRING THREAD:
2015- HALEN



- INFINITE THREAD
2019- HALEN



FRANSIZ ASKISI =KALICI SİLİKON İP Permanent Silicone Thread (PST)

• SPRING THREAD:

2015- HALEN

TRAINING CERTIFICATE

**SPRING
THREAD®**

FIL ESTHÉTIQUE SOUPLE & ÉLASTIQUE

1st SurgiConcept®, designer and manufacturer of aesthetic threads Spring Thread®, hereby certifies that :

Doctor Hüray Hügül

Was successfully trained on technical characteristics and methods of implantation of Spring Thread®. The training was performed in Istanbul, Turquie on the 22nd of May 2015.



Dominique MALARD - CEO
Issued on the 25th of May 2015

 **1ST SurgiConcept**
Design & Manufacture of Medical Devices

CEO
1ST SURGICONCEPT
INNOVATIVE PRODUCTS
NEW APPLICATIONS IN QUALITY ASSURANCE,
BETTER AND SAFER APPLICATIONS

ROOM 324M LEVEL 3

FEBRUARY 1ST FRIDAY: 3PM - 4PM

• INFINITE THREAD

2019- HALEN

<i>Thread & Lift</i>	Training Certificate Form	Page 1 sur 1
Numéro de document : TCF-19102102		

Thread & Lift SPRL laboratory
N° of company 0556.976.077
Clos Chapelle-aux-Champs 30
1200 – Brussels (Belgium)

Thread & Lift

Training certificate

The laboratory Thread & Lift certifies that the practitioner, **Dr. Ms. HUGUL, HURAY** born the 24th of May 1976, has followed and validated our complete training as of 21 October 2019. The following items were covered and transmitted during this training:

- ✓ Infinite-Thread® mastery training on patient
- ✓ Laying technique mastery training on patient
- ✓ Infinite-Thread® removal mastery training
- ✓ Patient management training pre, intra, and post-operative
- ✓ Training on management of post-operative courses and side effects
- ✓ Training on how to claim and return our medical devices

Thread & Lift acknowledges that the practitioner has met the training requirements to purchase and use our medical devices. This permission is subject to compliance by the practitioner with the local legislation in force when using these devices. The practitioner is responsible for the choice of the device and the patient's information regarding the results and possible side effects.

The practitioner is prohibited from transmitting to any person, whether for reward or free of charge, any product marketed by Thread & Lift laboratory.

Failure to comply with any or all of these obligations may result in any consequences deemed useful by Thread & Lift laboratory, including, at the very least, the immediate and definitive termination of the commercial relationship.

Since medical devices are reserved for strictly professional use, the practitioner agrees, in agreement with Thread & Lift laboratory, to receive the documentation in the available language and is able to understand it.

Done in duplicate, the 21 October 2019 in ISTANBUL.

AS

ure title Abstre

rt
list (live
te talk)

rt
list

rt
list

rt
list

rt
list

duction
CAS
emy and
lications

VAKA 1

- 46 yaş kadın hasta
- Orta ve alt yüzde sarkma
- Jaw Line düzensiz
- Gıdı ve boyunda belirgin sarkma
- Elastikiyet kaybı

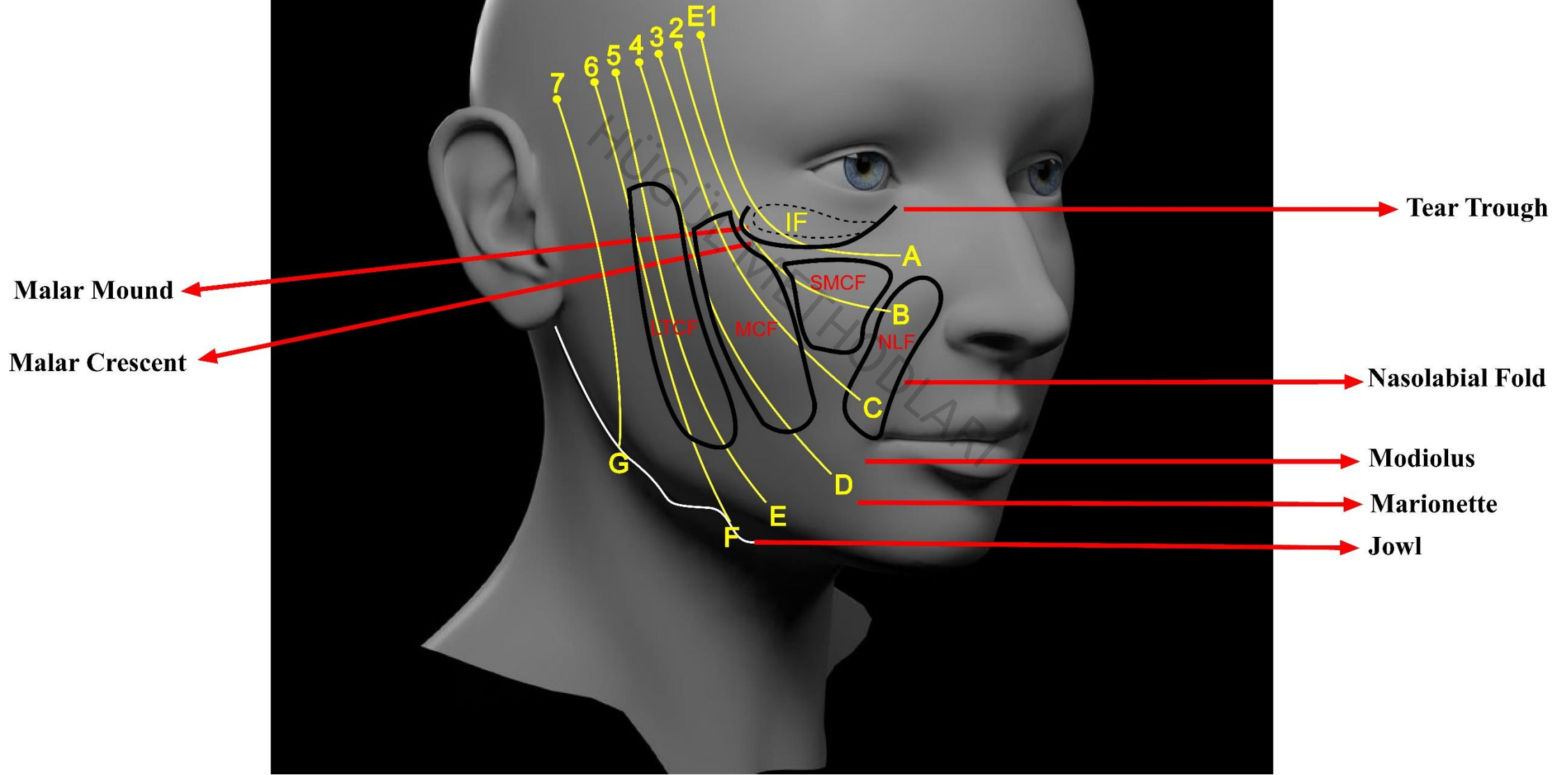




DR. C. YES HÜRAY HÜ









Dr Öğr Üyesi Hüray Hügül

Dr Öğr Üyesi Hüray Hügül

VAKA 2

- 51 yař kadın hasta
- 15 yıl önce malar implant
- Malar implant çıkarılırken sinir paralizisi
- Sol taraflı Fasiyal Paralizi
- Sol taraf ile alt yüzde sarkma





Dr. Hüray Hügül

Dr. Hüray Hügül



DERMATOLOG
UZM.
DR. **HÜRAY HÜGÜL**
Sa Gibi Davu



DERMATOLOG

DR. HÜRAY HÜGÜL

DR. HÜRAY HÜGÜL

DERMATOLOG
UZM.
DR. **HÜRAY HÜGÜL**
Sü Gibi Duru



DERMATOLOG
UZM.
DR. **HÜRAY HÜGÜL**
Su Gibi Duru

VAKA 3

- 74 yař kadın hasta
- Tüm yüz ile alt yüzde sarkma
- Jaw Line düzensiz
- Gıdı ve boyunda belirgin sarkma
- Elastikiyet kaybı



DR. ÖĞRETMENİ HÜRAY HÜSREV



DR. ÖĞR. ÜYESİ HÜRAY HÜGÜL





Dr. Uyesi Hüray Hügöl

Dr. Uyesi Hüray Hügöl



Dr Öğr Üyesi Hüray Hügül

Dr Öğr Üyesi Hüray Hügül







DR ÖĞR

EST. HÜRAY HÜGÜL

HÜGÜL







DR ÖĞRETMEN UZM. DR. HÜRAY HÜGÜL



DR. ÖĞR. ÜYESİ HÜRAY HÜKSÜL



DR. ÖZGÜR ÜYESİ HÜRAY HÜGÜL

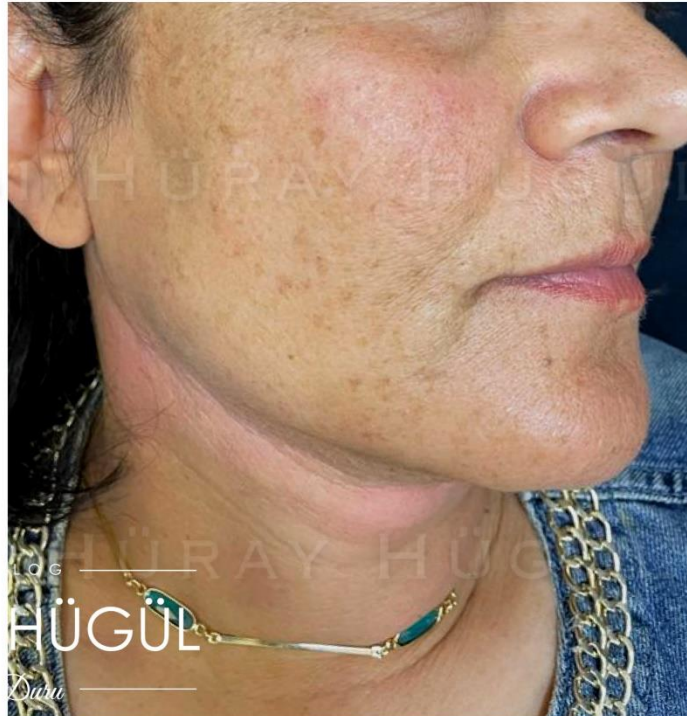




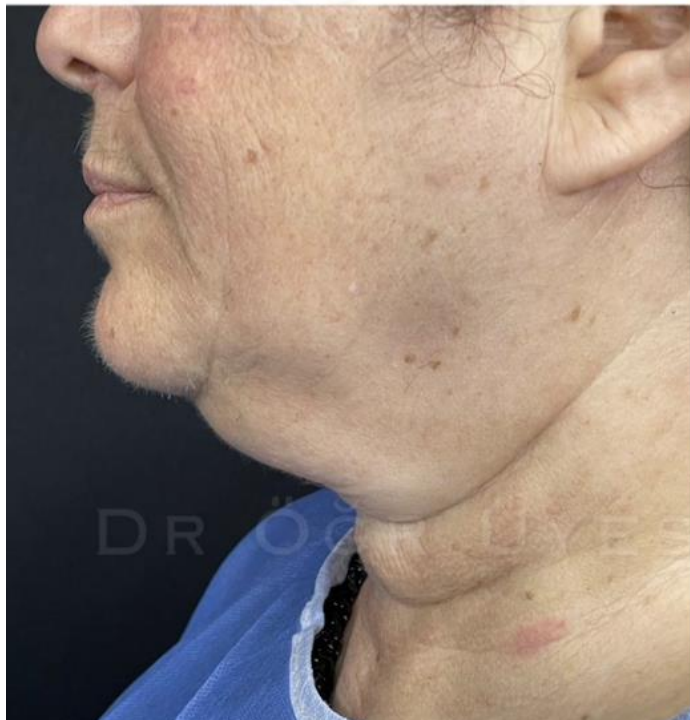




HEMEN SONRASI



1 AY SONRA





3 AY SONRA

3. AY





DERMATOLOG
UZM. DR. **HÜRAY HÜGÜL**
Sisli Hastanesi



UZM. DR. HÜRAY HÜGÜL

DERMATOLOG
UZM. DR. **HÜRAY HÜGÜL**
Siz Gülü Dürün



DERMATOLOG
UZM.
DR. **HÜRAY HÜGÜL**
San Pili Hastanesi

2 YIL SONRA

2. YIL



DERMATOLOG
UZM.
DR. **HÜRAY HÜGÜL**
Su Gülü Dava

3 YIL SONRA

3. YIL



DERMATOLOG
UZM.
DR. **HÜRAY HÜGÜL**
Su Gibi Duru

8 YIL SONRA

2015 - 2 çift PST ALT YÜZ





2023 - 8 YIL SONRA

TEŞEKKÜRLER...

DR. ÖĞRETİM ÜYESİ HÜRAY HÜGÜL
ANTALYA BİLİM ÜNİVERSİTESİ



@drhurayhugul



+905454047222

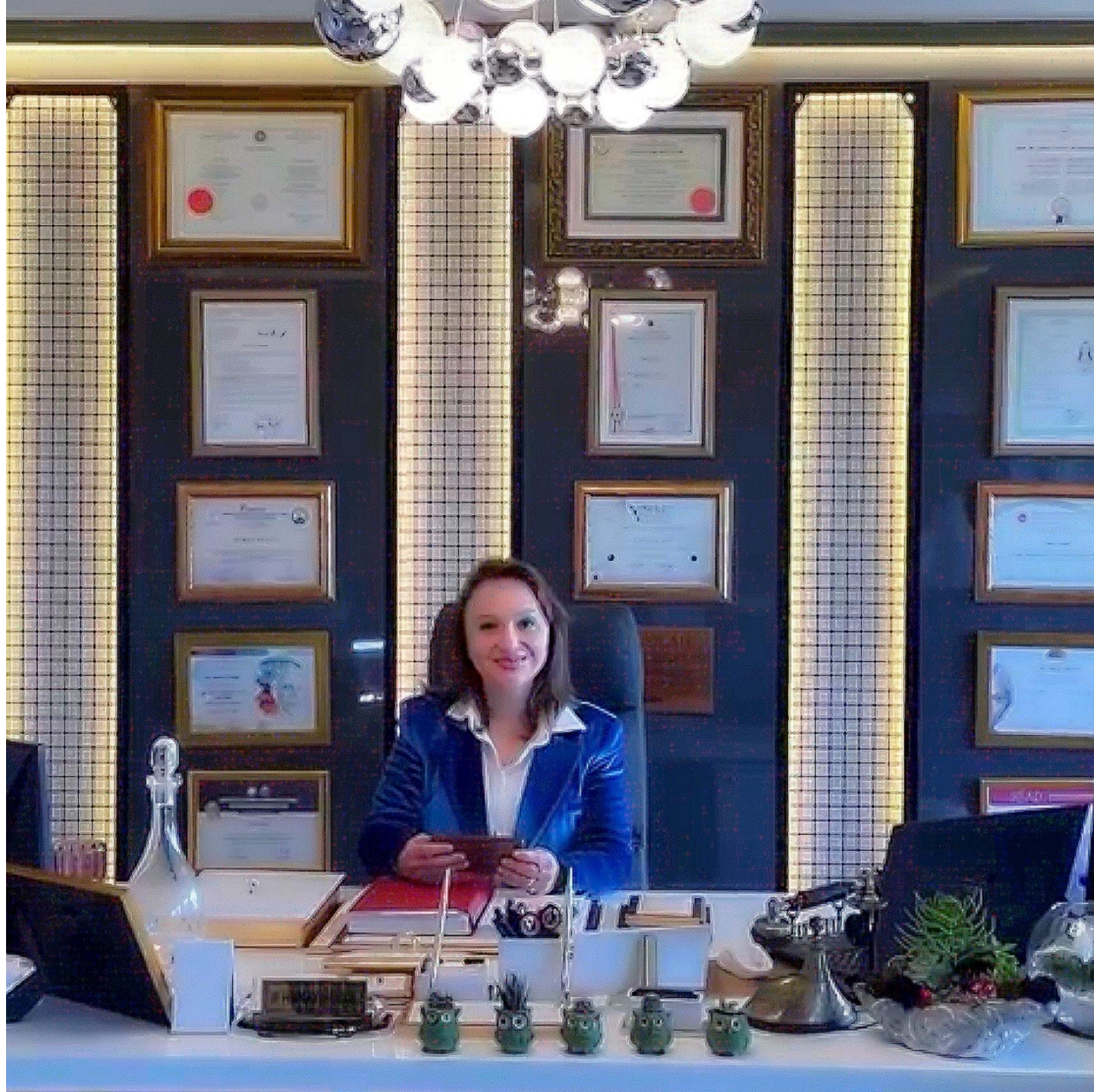


+905454947222



hurayhugul@yahoo.com





DERMATOLOG
UZM. DR. **HÜRAY HÜGÜL**
Su Geli Duru



HÜGÜL METHODLARI

HÜGÜL's LAVERAGE METHOD Linear Anchoring Technique in ThreadLifting

EDİTÖR 1.
CHAPTER.docx

Word Belgesi · 2,1 MB



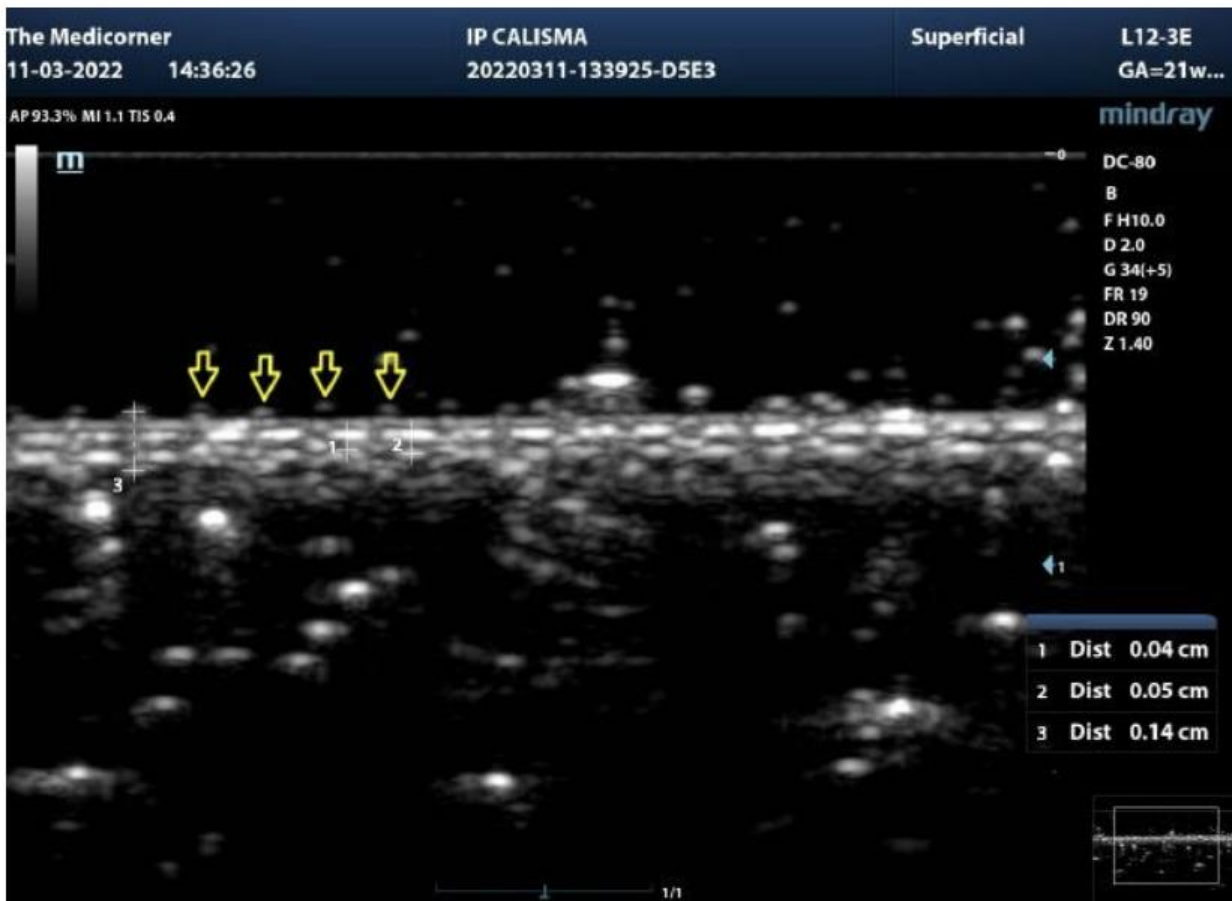


Fig1: In vitro appearance of the thread by ultrasound. In-vitro examination was performed with a 3.5 Mhz linear probe after the thread was placed inside a container filled with ultrasound gel. The polyester part is seen as a hypoechoic line in the center (1). The silicone surrounding the thread appears as echogenic (bright) dashed lines due to acoustic shading caused by the cogs. The total thickness of polyester and silicone without the cogs measure approximately 0.5 mm (2). The cogs appear as echogenic dots surrounding the thread (arrows). Complete thickness of the thread with the cogs measure approximately 1.4 mm (3). The foggy appearance posteriorly to the thread is a result of reverberation artefacts and can only be seen in in vitro images.



Fig 2. Sonography right after procedure. Immediately after the procedure, by ultrasound, threads are not easy to be distinguished or to be displayed throughout their entire course due to heterogeneity of the subcutaneous tissue caused by edema and products of blood destruction. But with experienced hands ultrasound can be used to reveal early complications such as a dispositioned route or other complications. On early ultrasound images the central polyester part appears as a hypoechoic line. The silicone layer covering the polyester is displayed either as dashed or continuous echogenic lines on both sides of the thread (arrows). Areas marked with an asterisk (*) indicate small fluid collections around the thread.



Fig.3. Ultrasound image 2 weeks after the procedure. In most of the patients, the most obvious difference of the sonographic appearance after 2 weeks is the increase of echogenicity along the thread. This finding can be evaluated as an early indicator of “marginal fibrosis”. Ultrasound performed two weeks after the procedure is more accurate to reveal the contour and route of the thread when compared with earlier sonograms. In some of the cases minimal hypoechoic collections along the threads still persist (areas marked with asterix).

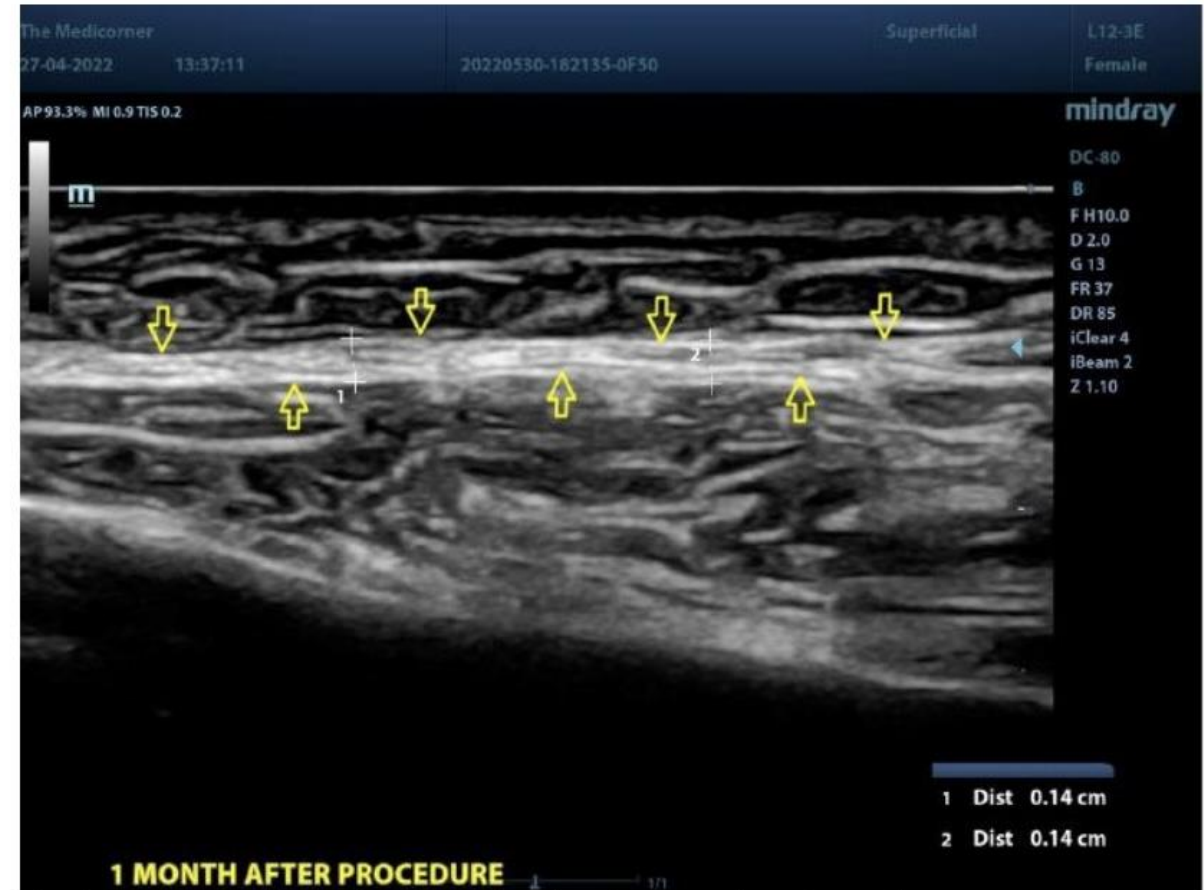


Fig 4. Sonogram of a patient 4 weeks after the procedure. According to our experience, a significant increase in the echogenicity of the thread on ultrasound performed at the end of the first month is an important indicator of the development of marginal long-lasting fibrosis.

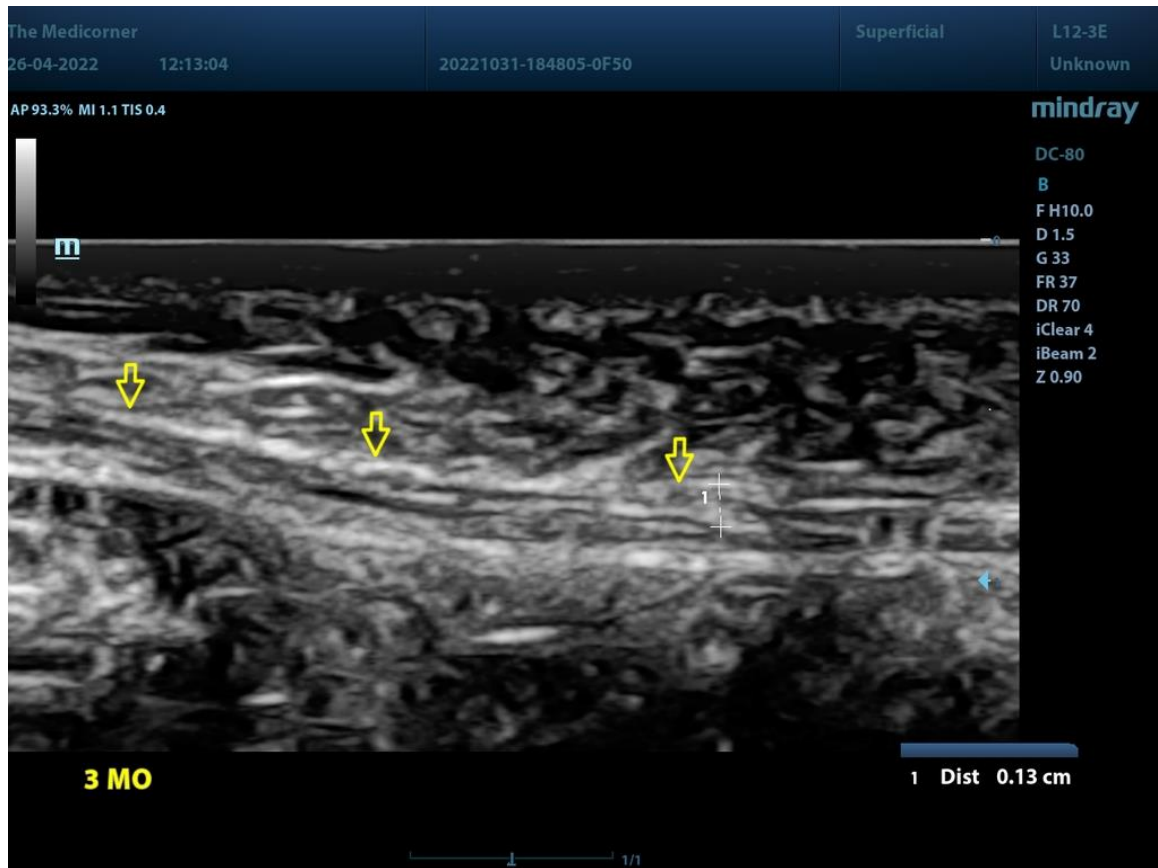


Fig 5. Third month follow-up. In our third month follow-up cases, as similar to the first month cases, we observed mild echogenicity increase depicting the ongoing fibrotic activity around the threads, without a significant increase of the thickness of the threads.

*** The echo increase in our three-month and shorter term control group can be associated with the healing process and fibroblast migration initiated immediately after the placement of the threads.



Fig.6. In our control patients over a year and longer, we found that the increase in echogenicity became more pronounced and the thickness of the threads increased. We can see in fig.6 that the echo increase along the thread is more prominent than in short term control groups and is accompanied by an increase in the thickness of the thread.



Fig.7a-b. On sonograms of two of our third-year cases, it is shown that there is significant thickening of the thread which is quite bright and echogenic throughout its entire course.

***The most important change in short term follow-ups we carried out up to the third month is only an increase in the echogenicity of the threads.

***On the other hand; follow-up patients over a year revealed that, increased fibroblastic activity and collagen production trigger the development of more pronounced and permanent fibrosis around the threads resulting in a significant increase in thread thickness and echogenicity.

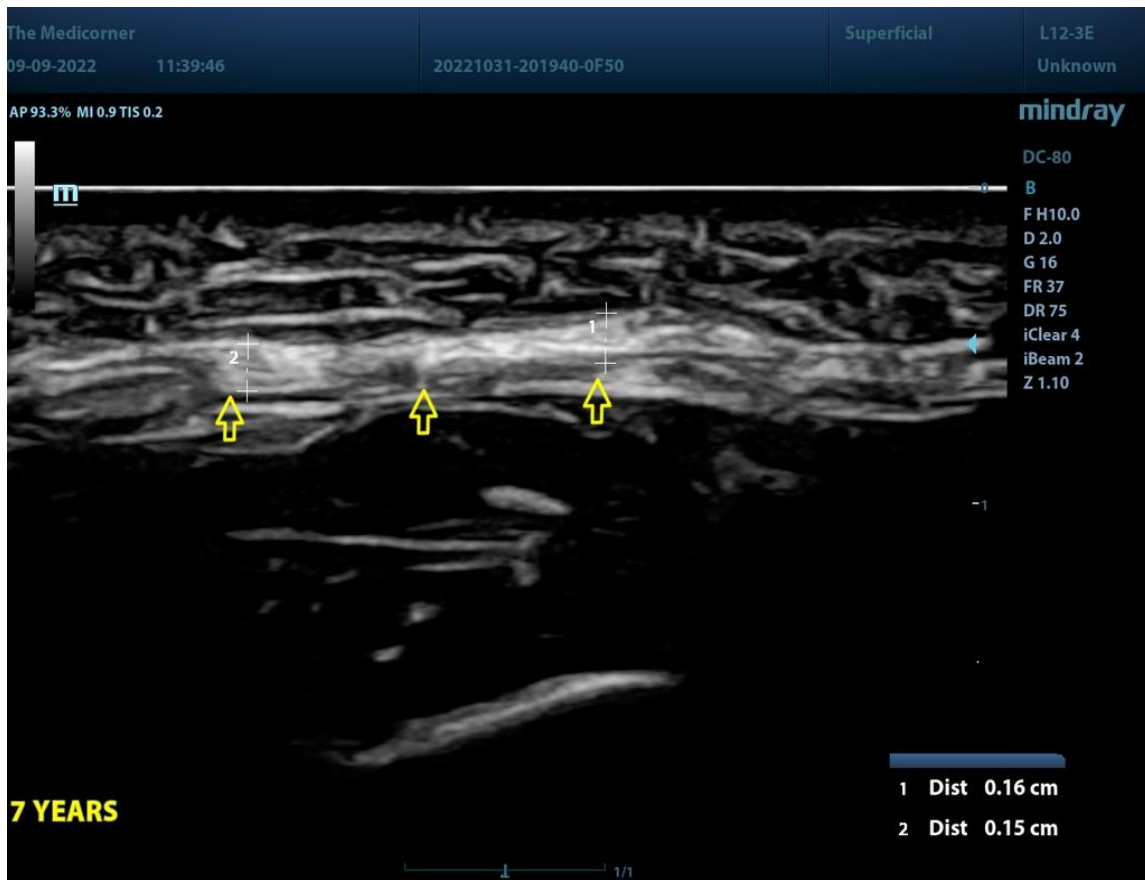
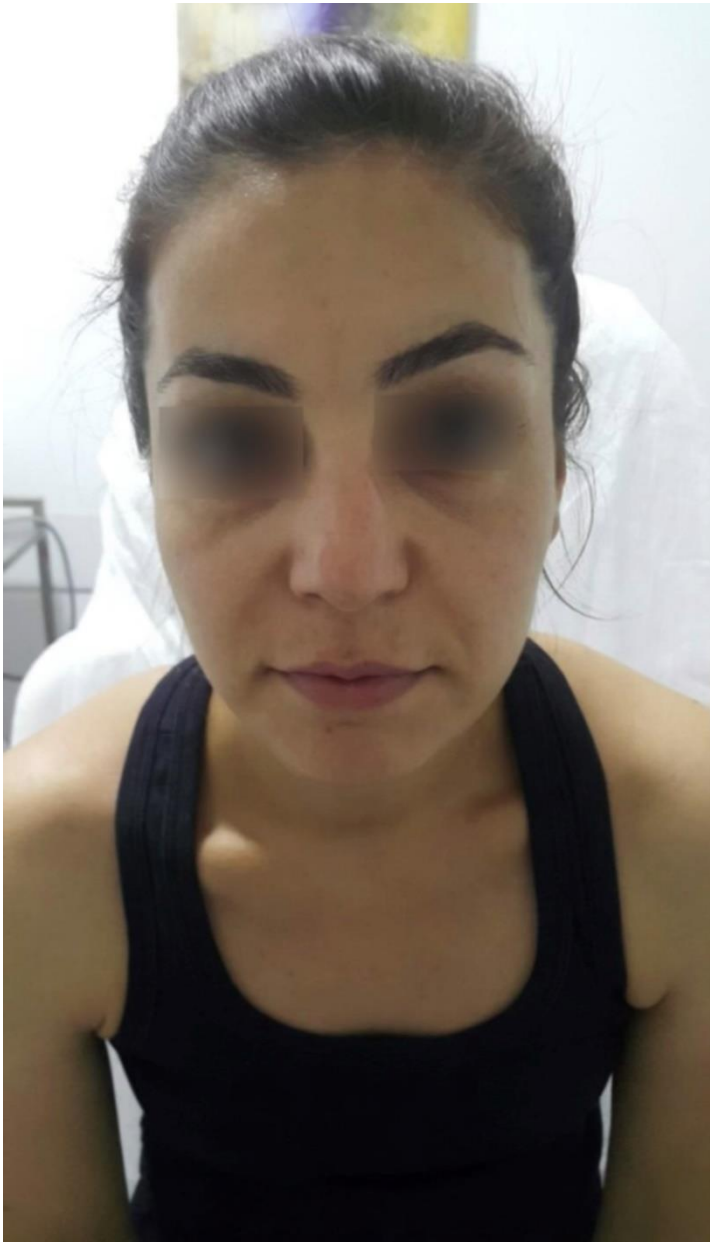


Fig 8a-b. Two sonograms of the case we followed for 7 years. In this case, we showed all the threads sonographically after 7 years. We have not detected any changes in the placement of the threads. A significant increase in thread thickness and echogenicity is clearly prominent to the eye.

***On long term evaluation of our patients all sets of threads were detectable by ultrasound. Complete diameter of the threads were measured 1,5 to 1,9 mm showing prominent thickening. Also the echogenicity of the threads were found to be increased when compared with earlier follow-up cases.

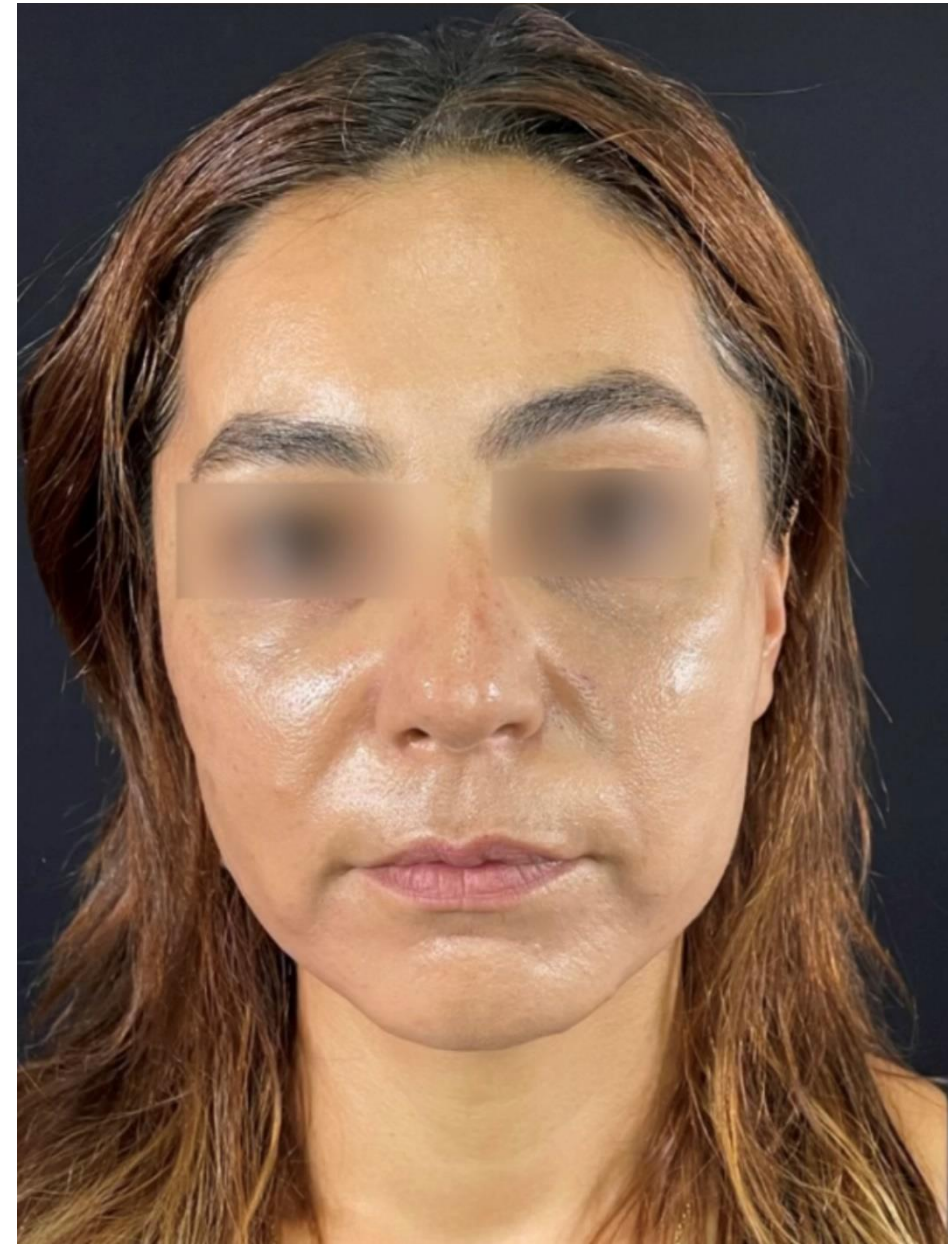
*** In our study; the increase in echogenicity on the thread is found to occur at an earlier stage and is thought to be manifested by fibroblast migration along the thread surface. The increase in full thickness of the thread can be shown in cases at least one year after the procedure, and suggests long lasting, prominent marginal fibrosis.



2015 2 çift PST



2019 3 çift PST



2022 Kontrol



2015 2 çift PST



2019 3 çift PST



2022 Kontrol

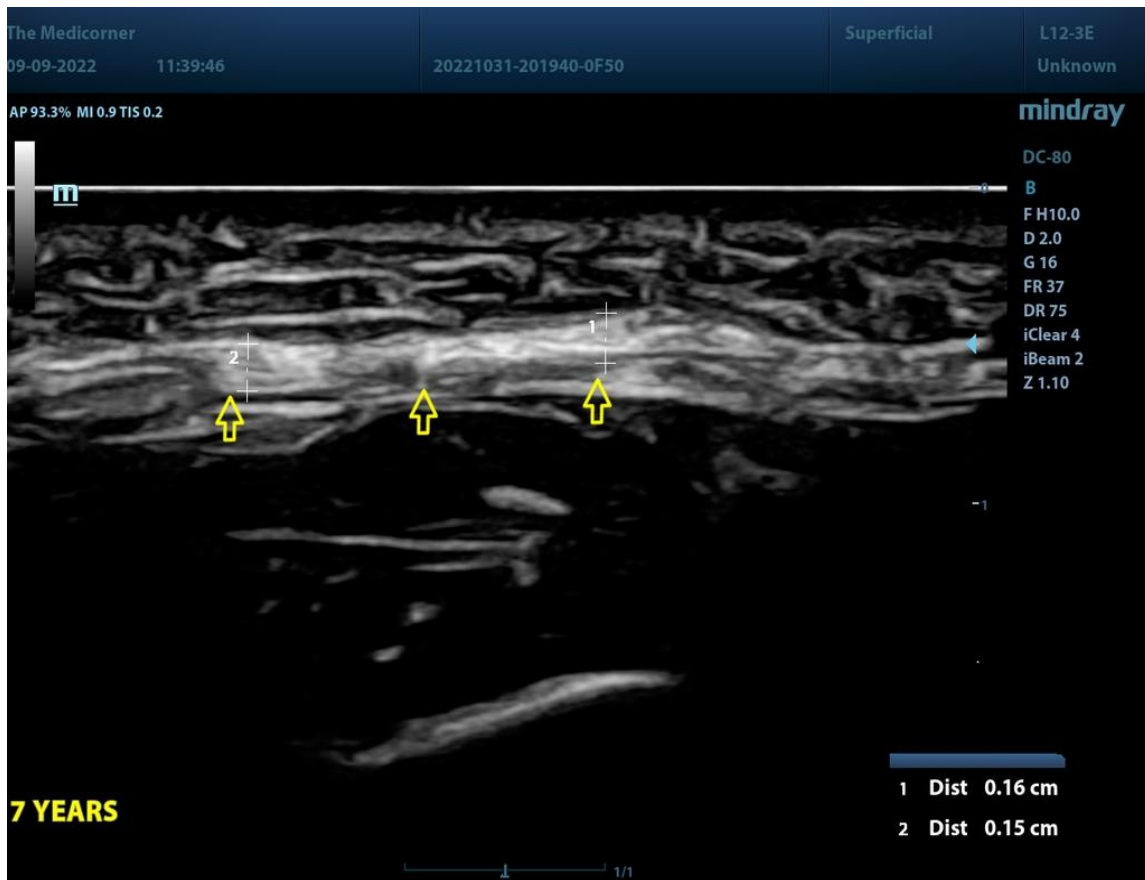


Fig 8a-b. Two sonograms of the case we followed for 7 years. In this case, we showed all the threads sonographically after 7 years. We have not detected any changes in the placement of the threads. A significant increase in thread thickness and echogenicity is clearly prominent to the eye.

***On long term evaluation of our patients all sets of threads were detectable by ultrasound. Complete diameter of the threads were measured 1,5 to 1,9 mm showing prominent thickening. Also the echogenicity of the threads were found to be increased when compared with earlier follow-up cases.

*** In our study; the increase in echogenicity on the thread is found to occur at an earlier stage and is thought to be manifested by fibroblast migration along the thread surface. The increase in full thickness of the thread can be shown in cases at least one year after the procedure, and suggests long lasting, prominent marginal fibrosis.



7 YILLIK SONUÇ



DERMATOLOG
MED. DR. **HÜRAY HÜGÜL**
Sivriçayırdağı



HUGUL'S TOUCH



DR. **HÜRAY HÜGÜL**
Su Güle Dünya

HUGUL'S TOUCH



DERMATOLOGIST
DR. **HÜRAY HÜGÜL**
Sin Güle Dava



DR. ÖĞR. ÜYESİ HÜRAY HÜGÜL

DR. ÖĞR. ÜYESİ HÜRAY HÜGÜL

DR. ÖĞR. ÜYESİ HÜRAY HÜGÜL

DERMATOLOG

UDPA
DR. HÜRAY HÜGÜL

Sis Geli Dava





DR. ÖĞR. ÜYESİ HÜRAY HÜGÜL

DERMATOLOG
DR. HÜRAY HÜGÜL

Sis Geliştirme

HUGUL'S TOUCH



UZM.

HÜGÜL

DERMATOLOG
UZM.
DR. **HÜRAY HÜGÜL**
Su Gibi Duru

HUGUL'S TOUCH



- **Assis. Prof. Dr. and Lecturer in International Antalya Science University**
- **Dermatology & Venerology Speacialist**
- **Aesthetic & Cosmetic Dermatology, Dermatotomy**
- **Board Member of Euro-Asian Academy of Dermatology and Venerology Association**
- **Member of Aesthetics & Cosmetics Dermatology Association, Turkish Medical Association, Turkish Dermatology Association, Akdeniz Dermatology Association**
- **Private Practice on Aesthetic-Cosmetic & Clinical Dermatology in Antalya, Türkiye**
- **Toxins, Fillers, ThreadLifting, Body Contouring, Lasers, Energy Based Devises, DermatoSurgery, Clinic Researcher**
- **International Articles, Lectures, Books, Trainer, Expert on Aesthetic Cosmetic Dermatology**

Dermatology and Venerology
**Assis. Prof. Dr. Hüray
HÜGÜL**





Dr Thierry BESINS
Plastic Surgeon
France

Dr Huray HUGUL
Dermatologist
Turkey

Dr George SULAMANIDZE
Plastic Surgeon
Georgia

Dr Matthieu BEUSTES
STEFANELLI
Plastic Surgeon
France



Dr Jani VAN LOGHEM
MD
Netherlands



IMCAS PARIS 2022

DERMATOLOG
UZM. DR. HÜRAY HÜGÜL
Su Gibi Duru

**Your talk(s) must be uploaded in the Preview Room at least 2h before your presentation(s) start
CAREFUL: direct plug-in via computer or USB key in the conference rooms IS NOT ALLOWED**

Check out each session by clicking on the session titles below and get in touch with fellow speakers

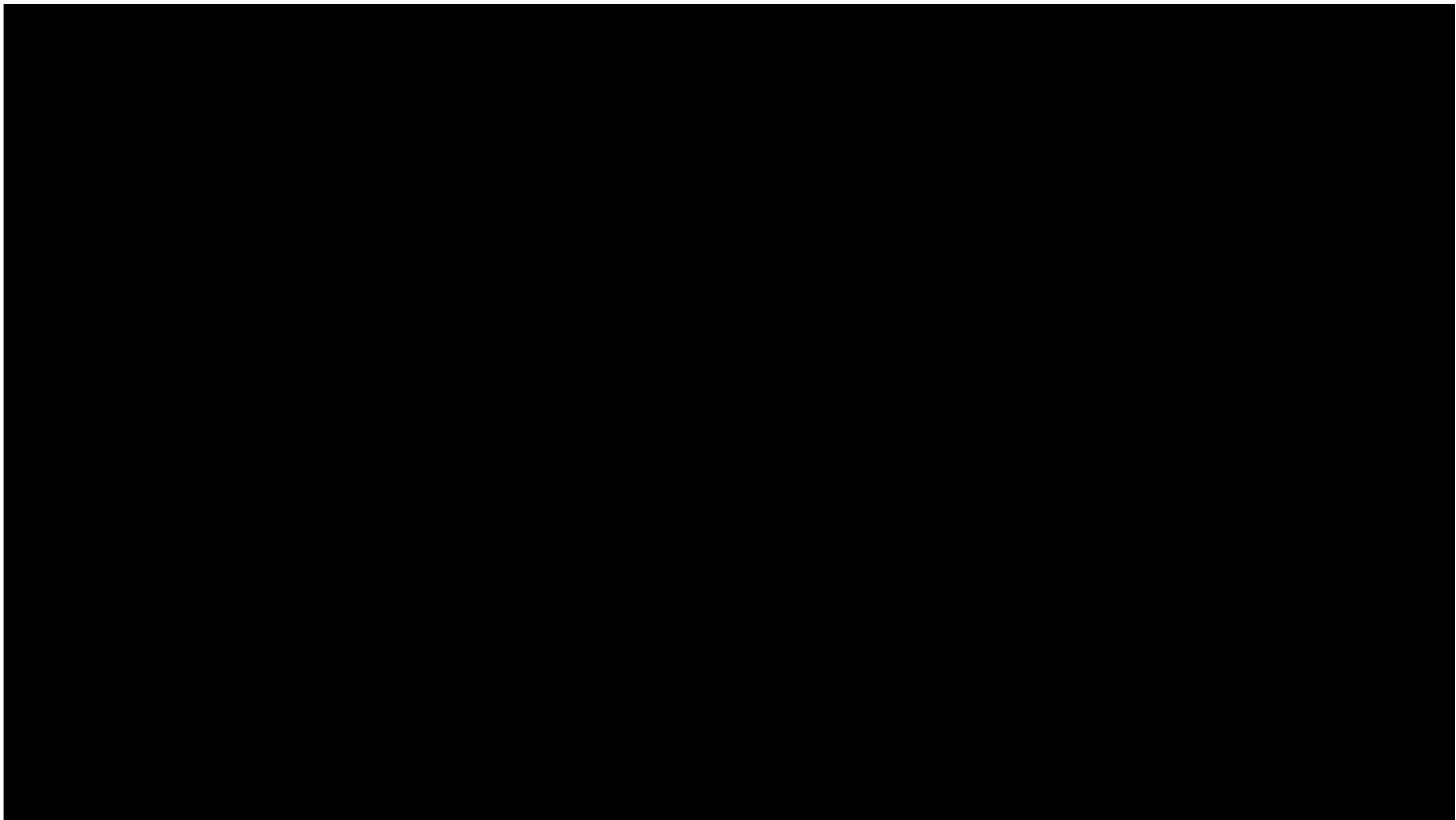
Lecture ID	Date 🕒 Congress time zone: Europe/Paris	Lecture duration	Room	Session title (Click on title for details)	Lecture title
111001	Session time: 3 June 2022 13:30 to 15:30 Your lecture start: 3 June 2022 13:56	12 min	Amphi Havane - Level 3	S058 Threads for the face: how to choose and how to improve results (in collaboration with KOLKHIDA)	Permanent thread lifting: a solution for both basic and difficult cases
112875	Session time: 3 June 2022 16:00 to 17:00 Your lecture start: 3 June 2022 16:00	60 min	Amphi Havane - Level 3	S059 IMCAS Alert - Threads, unusual complications	Expert panelist



IMCAS
WORLD CONGRESS 2022
 JAN 27 TO JAN 29 • PARIS & ONLINE
 At the Palais des Congrès de Paris
 or through www.imcas.live

Together **WITH THE BEST**
 IN DERMATOLOGY, PLASTIC SURGERY &
 AGING SCIENCE

Join us!
WWW.IMCAS.COM







AMWG AWARDS

BEST THREADS TREATMENT

Nominees



MELINDA BURGER
South Africa
Nose thread lift



HURAY HUGUL
Turkey
Face and neck thread lifting with permanent silicone threads



NATALIYA OLSSON
Sweden
Threads and lips correction with fillers



AMWG



Infinite-Thread®

The facelift with suspension threads



800 cogs
« anti-rotation »

standard
materials



8 axes
tech



AMWC
AWARDS

BEST
THREADS TREATMENT

Nominees



MELINDA BURGER
South Africa
Nose thread lift



HURAY HUGUL
Turkey
Face and neck thread
lifting with permanent
silicone threads



NATALIYA OLSSON
Sweden
Threads and lips
correction with fillers





HÜGÜL METHODLARI

HÜGÜL's LAVERAGE METHOD Linear Anchoring Technique in ThreadLifting

EDİTÖR 1.
CHAPTER.docx

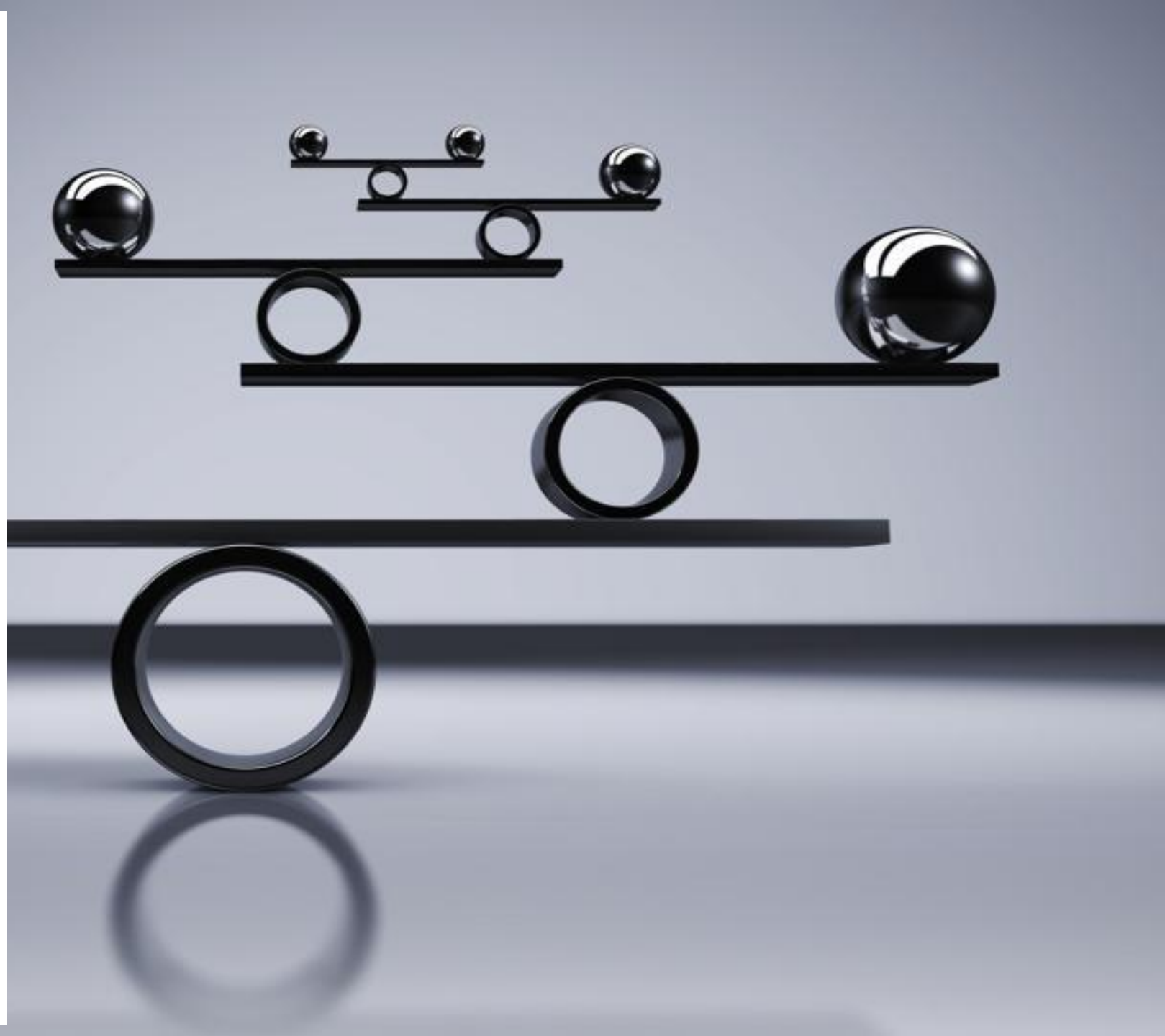
Word Belgesi · 2,1 MB

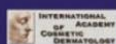
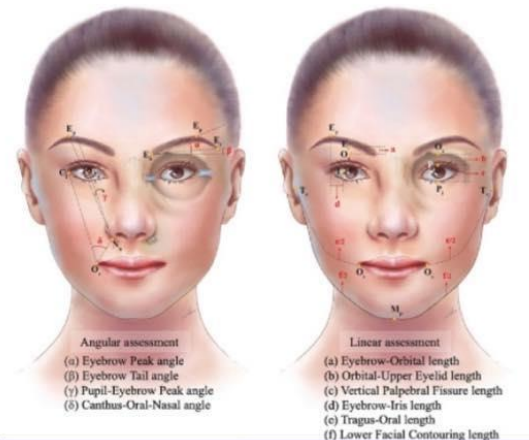


HÜGÜL's LAVERAGE METHOD Linear Anchoring Technique in ThreadLifting

EDİTÖR 1.
CHAPTER.docx

Word Belgesi · 2,1 MB





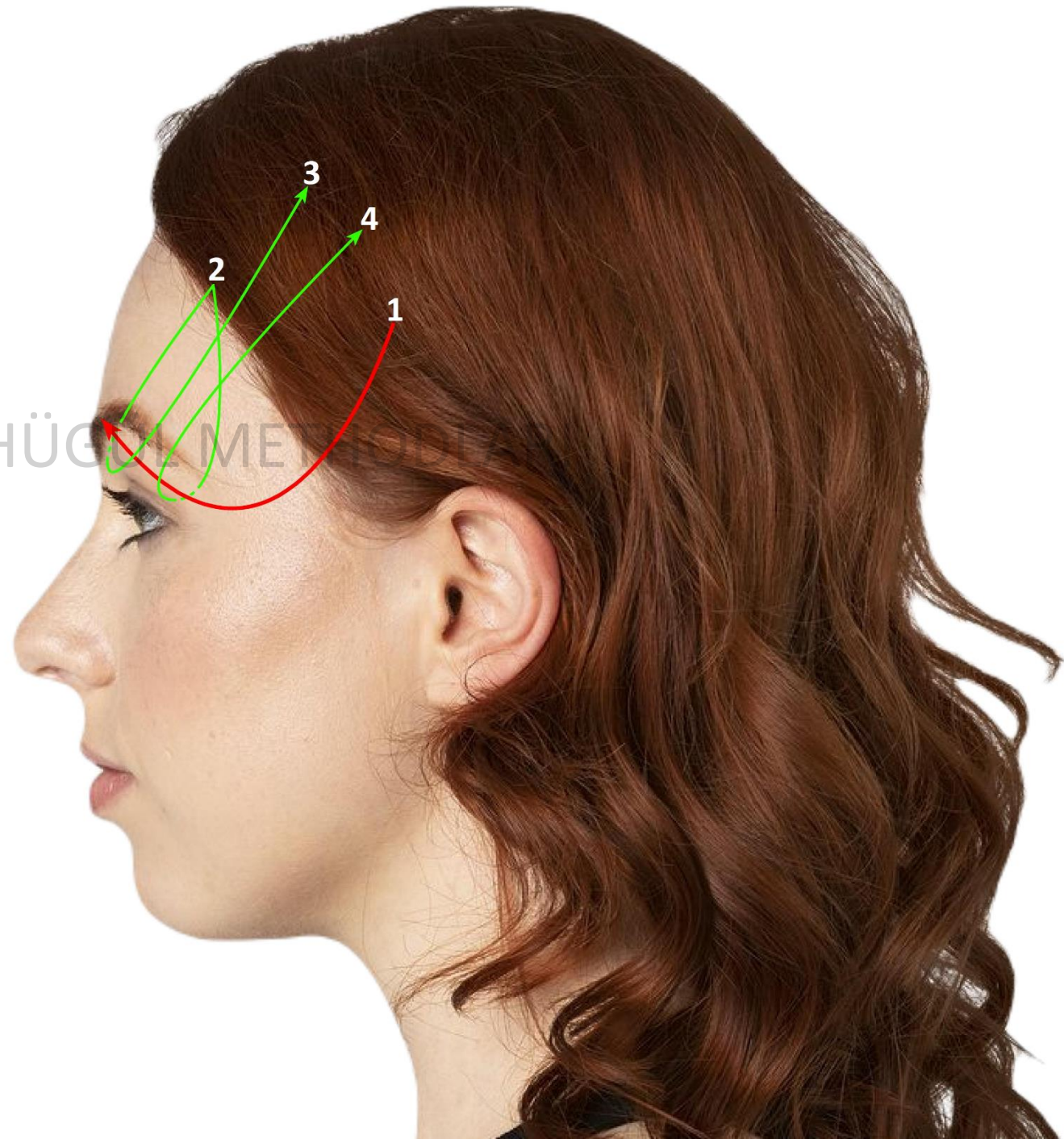
WILEY

Journal of Cosmetic Dermatology

Thread-Lifting: Does Patient Satisfaction Change According to Age, Type of Threads Used, Number of Threads Used and Treatment Area?

DOI: 10.1111/jocd.14897

HÜGELMETRIE





- 1000 PAIRS OF PERMANENT THREADS/YEAR
- 9000 PAIRS OF ABSORBABLE THREADS/ YEAR
- 10.000 PAIRS OF ALL THREADS/YEAR

10.000 PAIRS OF THREADS/YEAR
TOP 3 SCORER PHYSICIAN FOR THREAD LIFTING IN
TURKEY AND EUROPE





Dr Öğr Uyesi Hüray Hügül

Dr Öğr Uyesi Hüray Hügül



Dr. Hüray Hügül

Dr. Hüray Hügül

Dr. Hüray Hügül